



# 2015 Grant Request: 2015-37

Funded by  
The Café Femenino Foundation

**Project Name:** Educational Pilot  
**Funding Needed:** \$3,450

**Country Most Impacted by Project:** Peru

**Region:** Vallarumi, La Cria and San Jose Hunama

**Project Impact:** 70 children ages 3 to 5 years old. 140 children in the area of influence of the project.

**Project Description:** Since 2013, Café Femenino Foundation, has supported the management of a project called Educational Pilots in the poorest areas of the Lambayeque region to benefit the health of children under 5 years old. While there has been improvement in children's health, when analyzed by villages in the Andean region of Lambayeque, chronic malnutrition was found in the following percentages: Corral de Piedra 41%, Murujaga 47% and Vallarumi 25%. In the Amazon region the hamlet San Antonio had 45% of children with malnutrition. This grant will allow training of teachers and parents about the importance of proper hygiene for children, counseling of parents regarding the importance of healthy nutritional habits, and teacher training to enhance psychomotor development in children. It will also allow for analysis of the pilot's results and timely identifying children at-risk that need intervention for effective care.



### Benefits:

- Determine, interpret, and analyze the nutritional status of infants under the age of 5, according to estimation anthropometric (weight, height, BMI). Appropriately identifying risk situations or alterations in the growth and development for its effective care, encouraging the active participation of the family and caregivers in interventions for normal development.
- Educate the children under 5 years, teachers and parents, about the importance of personal hygiene, as well as teach correct handwashing technique.
- Counseling to the parents in feeding and healthy habits, food security (gardens, breeding of small animals, cookers improved) as the only way of dealing with nutritional problems in these Andean regions.
- Train teachers on how to enhance their psychomotor development, through sessions of early stimulation for children aged 3 to 5, on-site.

## Café Femenino Foundation

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